

## A Black Belt is just a White Belt that didn't quit!

### Konichiwa students & parents.

**Gradings:** Special grading in May for Lyndon Moore who graded to 2nd dan. That's 800 hours of hard work and commitment. Great work. Other Gradings were Fentyn to red belt, Rob to Blue belt, Leonard to Blue stripe, Kaden to Green belt, Arsh to Orange belt, Nirisha and Sean to Orange stripe and Shalyn to Yellow stripe. More grading to come at the end of this month! Keep training and coming to classes regularly.

**Colts class:** We have a new influx of beginner kids - welcome to Gurfateh, Saanvi, Dhruv and Mia. To make a bit more space and to keep up with the higher grade lessons we are moving some of the Saturday 11-12yo into the later 1:30-2:30pm class. This will mean they can do more complex stuff with the big kids and some of the adults too! We will notify selected students this week.

**Check your Fees cards:** Thanks for keeping your fees up to date. Check your cards this month to see if you have classes owing, we appreciate all the parents and students who keep their membership in credit - thank you :)

### T shirts:

We are planning our 2024 T-shirt as we have very few 2023 End of stock left! Still in design stage. Stay tuned.

**Hand Mits:** All sold, but we can get more when stock arrives - only \$28 available in White, Blue and Red. We have old pairs at the club that are used by everyone but ideally each student should have their own pair for health reasons.











### Last White Screenprinted Dragon Tees. Low Price

M Youth 2 left  
L Youth 3 left  
XL Youth 4 left

S adult 1 left  
L adult 1 left



### Kids grading system roughly based on completing these training hours:

	20 hours		100 hours
	40 hours		120 hours
	60 hours		150 hours
	80 hours		180 hours




**BUDO BOOK:** Sensei has printed 60 Limited Edition copies of his Enlightenment book, stamped and signed on request. This book is for all martial artists of every style and is filled with 88 pages of thought provoking and motivational quotes all in full colour. View sample book at the dojo. Size is A5 (147mm x 210mm) for pocket or gearbag, perfect bound square spine. 170gsm inside pages, 220gsm coated cover. Digitally printed. \$15 for Heian Students. Only 29 left.


### Holidays: Kings

Birthday will be Monday the 3rd of June - no classes.

2024

June	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Manukau 105 Everglade Dr						
						<b>Kids</b> 12:30 - 1:30 <b>Colts/ Adults</b> 1:30 - 3:00	<b>1</b> <b>Weapons Day</b> <b>Colts/ Adults</b> 12:00 - 1:30
	<b>King's Birthday</b> <b>3</b>	<b>4</b>	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>5</b>	<b>6</b>	<b>7</b>	<b>Kids</b> 12:30 - 1:30 <b>Colts/ Adults</b> 1:30 - 3:00 <b>8</b>	<b>9</b> <b>Weapons Day</b> <b>Colts/ Adults</b> 12:00 - 1:30
	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>10</b>	<b>11</b>	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>12</b>	<b>13</b>	<b>14</b>	<b>Kids</b> 12:30 - 1:30 <b>Colts/ Adults</b> 1:30 - 3:00 <b>15</b>	<b>16</b> <b>Weapons Day</b> <b>Colts/ Adults</b> 12:00 - 1:30
	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>17</b>	<b>18</b>	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>19</b>	<b>20</b>	<b>21</b>	<b>Kids</b> 12:30 - 1:30 <b>Colts/ Adults</b> 1:30 - 3:00 <b>22</b>	<b>23</b> <b>Weapons Day</b> <b>Colts/ Adults</b> 12:00 - 1:30
	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>24</b>	<b>25</b>	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>26</b>	<b>27</b>	<b>28</b> <b>Matariki</b>	<b>Kids</b> 12:30 - 1:30 <b>Colts/ Adults</b> 1:30 - 3:00 <b>29</b>	<b>30</b> <b>Weapons Day</b> <b>Colts/ Adults</b> 12:00 - 1:30

2024

July	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Manukau 105 Everglade Dr						
	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>1</b>	<b>2</b>	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>3</b>	<b>4</b>	<b>5</b>	<b>Kids</b> 12:30 - 1:30 <b>Colts/ Adults</b> 1:30 - 3:00 <b>6</b>	<b>7</b> <b>Weapons Day</b> <b>Colts/ Adults</b> 12:00 - 1:30
	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>8</b>	<b>9</b>	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>10</b>	<b>11</b>	<b>12</b>	<b>Kids</b> 12:30 - 1:30 <b>Colts/ Adults</b> 1:30 - 3:00 <b>13</b>	<b>14</b> <b>Weapons Day</b> <b>Colts/ Adults</b> 12:00 - 1:30
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	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>29</b>	<b>30</b>	<b>Kids 5-11yo</b> 6:00 - 7:00 <b>Colts/ Adults</b> 7:00 - 8:00 <b>31</b>				