

# www.ManukauMartialArts.nz

### June - July 2024 Newsletter



Fees payable by Cash or Direct Credit to:Mark GroganT/A BytemarxBank Acc:02 0240 0026226 00

#### A Black Belt is just a White Belt that didn't quit!

#### Konichiwa students & parents.

**Gradings:** Special grading in May for Lyndon Moore who graded to 2nd dan. That's 800 hours of hard work and commitment. Great work. Other Gradings were Fentyn to red belt, Rob to Blue belt, leonard to Blue stripe, Kaden to Green belt, Arsh to Orange belt, Nirisha and Sean to Orange stripe and Shalyn to Yellow stripe. More grading to come at the end of this month! Keep trining and coming to classes regularly.

**Colts class:** We have a new influx of beginner kids - welcome to Gurfateh, Saanvi, Dhruv and Mia. To make a bit more space and to keep up with the higher grade lessons we are moving some of the Saturday 11-12yo into the later 1:30-2:30pm class. This will mean they can do more complex stuff with the big kids and some of the adults too! We will notify selected students this week.

**Check your Fees cards:** Thanks for keeping your fees up to date. Check your cards this month to see if you have classes owing, we appreciate all the parents and students who keep their membership in credit - thank you :)

#### T shirts:

We are planning our 2024 T-shirt as we have very few 2023 End of stock left! Still in design stage. Stay tuned.

Hand Mits: All sold, but we can get more when stock arrives - only \$28 available in White, Blue and Red. We have old

pairs at the club that are used by everyone but ideally each student should have their own pair for health reasons.

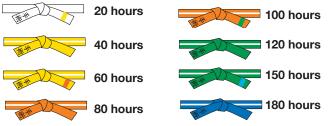
#### Holidays: Kings

Birthday will be Monday the 3rd of June - no classes.

#### Last White Screenprinted Dragon Tees. Low Price



Kids grading system roughly based on completing these training hours:





**BUDO BOOK:** Sensei has printed 60 Limited Edition copies of his Enlightenment book, stamped and signed on request. This book is for all martial artists of every style and is filled with 88 pages of thought provoking and motivational quotes all in full colour. View sample book at the dojo.

Size is A5 (147mm x 210mm) for pocket or gearbag, perfect bound square spine. 170gsm inside pages, 220gsm coated cover.

Digitally printed. \$15 for Heian Students. Only 29 left.

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JuneMond	lay	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Ma	anu	kau 105 Evergl	ade Dr				
MANUKIS						Kids 12:30 - 1:30 Colts/ Adults	2 Weapons Day Colts/ Adults
						1:30 - 3:00	12:00 - 1:30
King's	3	4	Kids 5-11yo 6:00 - 7:00	6	7	Kids 12:30 - 1:30	<b>9</b> Weapons Day
Birthday			Colts/ Adults 7:00 - 8:00			Colts/ Adults 1:30 - 3:00	Colts/ Adults 12:00 - 1:30
<mark>Kids</mark> 5-11yo 6:00 - 7:00	10	11	Kids 5-11yo 6:00 - 7:00	13	14	Kids 12:30 - 1:30	<b>16</b> Weapons Day
Colts/ Adults 7:00 - 8:00			Colts/ Adults 7:00 - 8:00			Colts/ Adults 1:30 - 3:00	Colts/ Adults 12:00 - 1:30
<mark>Kids</mark> 5-11yo 6:00 - 7:00	17	18	Kids 5-11yo 6:00 - 7:00	20	21	Kids 22 12:30 - 1:30	23 Weapons Day
Colts/ Adults 7:00 - 8:00			Colts/ Adults 7:00 - 8:00			Colts/ Adults 1:30 - 3:00	Colts/ Adults 12:00 - 1:30
<mark>Kids</mark> 5-11yo 6:00 - 7:00	24	25	Kids 5-11yo 6:00 - 7:00	27	28	Kids 29 12:30 - 1:30	<b>30</b> Weapons Day
Colts/ Adults 7:00 - 8:00			Colts/ Adults 7:00 - 8:00		Matariki	Colts/ Adults 1:30 - 3:00	Colts/ Adults 12:00 - 1:30

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	ay	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	anu	kau 105 Evergl	ade Dr				
Kids 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00	1	2	<b>Kids</b> 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00	4	5	Kids 12:30 - 1:30 6   Colts/ Adults 1:30 - 3:00 1	7 Weapons Day Colts/ Adults 12:00 - 1:30
Kids 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00	8	9	Kids 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00	11	12	Kids 12:30 - 1:30 Colts/ Adults 1:30 - 3:00	14 Weapons Day Colts/ Adults 12:00 - 1:30
Kids 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00	15	16	Kids 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00	18	19	Kids 12:30 - 1:30 Colts/ Adults 1:30 - 3:00	21 Weapons Day Colts/ Adults 12:00 - 1:30
Kids 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00	22	23	Kids 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00	25	26	Kids 12:30 - 1:30 Colts/ Adults 1:30 - 3:00	28 Weapons Day Colts/ Adults 12:00 - 1:30
Kids 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00	29	30	<b>Kids</b> 5-11yo 6:00 - 7:00 Colts/ Adults 7:00 - 8:00				